



Carman Wellness Connections
Supporting Emotional Health

CHALK THE WALK

WORLD SUICIDE PREVENTION DAY

September 10 2026

Chalk The Walk

In Honour of World Suicide Prevention Day
Thursday, September 10, 2026

Join our community in spreading hope—one sidewalk at a time.

Decorate your driveway, sidewalk, or walkway with messages and artwork that inspire hope, kindness, resilience, and connection.

CHALK~WALK~TALK

On September 10, take a walk around Carman with family, friends, neighbors, or coworkers.

CHALK up your walkways to inspire others.

WALK with a friend or group to check out the creations.

TALK about mental wellness, checking in with one another.

Free chalk is available at CWC. For more information, contact CWC.

Every message matters. Every conversation matters. Every person matters.

